

Starter Plan for powder feed that needs water added

Number of scoops/Weight of powder to be dissolved in volume of water												
Time Date											Total feed volume:	Extra fluid required:

To be completed by a Healthcare professional:
 You will need to drink a total of _____ mls per day of _____ for _____ weeks

Instructions for making up a liquid diet from powder	Comments/Notes

Starter Plan for bottle or carton feed

Number of bottles or cartons to be used													
Time Date												Total feed volume:	Extra fluid required:

To be completed by a Healthcare professional:

You will need to drink a total of _____ mls per day of _____ for _____ weeks

Comments/Notes

This information has been produced for Nutrition and Diet Resources UK (NDR-UK) by the Gastroenterology Specialist Group of the British Dietetic Association, dietitians working in gastroenterology and hepatology and with the kind support of other dietitians and health care professionals. At the time of publication the information contained within the leaflet was, to the best of our knowledge, correct and up-to-date. Always consult a suitably qualified dietitian and/or your GP on health problems. NDR-UK cannot be held responsible for how clients/patients interpret and use the information within this resource.

